



## Keeping in touch . . . Sunday 28<sup>th</sup> July 2024

Welcome to our Worship Service. If you're visiting, please join us in the hall afterwards for tea/coffee and a chat!

**Monthly 2pm Service** Our next one is today **Sunday 28<sup>th</sup> July**. All welcome.

**UCAF (Uniting Church Adult Fellowship)** Our next meeting takes place at 1.30pm on **Thursday 1<sup>st</sup> August** at the church. Rev. Fa'amata'u will be leading us in a short Bible study / discussion. All welcome!  
*Enquiries to Robyn Flett on 0423 277 450.*

**Pernaperna Group** The next meeting is **Thursday 8<sup>th</sup> August** from 1-3pm at the Sunbury Neighbourhood House (531 Elizabeth Drive). All welcome.  
*Enquiries to Joan Koren on 0418 302 676.*

**Workshop with Rev. Dr. Sally Douglas** .... UCA minister/theologian and academic, based on her book [The Church as Salt](#) . The five pre-discussion sessions via Zoom continue today **28<sup>th</sup> July** then **4<sup>th</sup> and 11<sup>th</sup> August** from 4pm to 6pm. An initiative between Craigieburn UCA and St. Andrew's Sunbury UCA, the workshop will be held at Craigieburn UCA on **Saturday 24<sup>th</sup> August**.  
*Contact me (Rev. Fa'amata'u) if you have any queries.*

**The Zoom link is here:**

<https://us06web.zoom.us/j/85263972515?pwd=izUFY97lcsWlt5Y1fsx7ngYvIwFEDp.1> Meeting ID: 852 6397 2515, Passcode: 675335.

**Or listen to the podcast here:**

<https://youtu.be/ivSp0Je1Mhs?si=psTm9kXjLjKqJOP>

**Editor's note:** Because these links are not helpful on the hard copy, you will find both in the Google Group emails sent by Fa'amata'u on the 6<sup>th</sup> July, or the above links are 'live' in this and previous pdf copies of *Keeping in Touch* which I send out via that email group. They are also on the church website.

**Contemplative Prayer Group** As we as a church family seek to deepen our spiritual awareness, we are re-commencing the contemplative prayer sessions that we formerly ran with Ruth, Martin and others.

**Centering Prayer: Philippians 2:5 tells us "to have in yourselves the same mind as Christ"** . . . and as caring people, faithful Christians, we do many kind, caring, thoughtful things, the sort of things we believe Jesus would do.

But alongside that, if we are truly honest, we also do/think things that are just the opposite, things we know Jesus would NOT do, and we often excuse it with . . . "well I'm only human". Well, I do that anyway! But my deeper

. . . continued overleaf

### July Birthdays



8 Dell Parrey	12 Jan Semmens
15 Janene Butler	16 Nancy Prewer
21 Peter Mitchell	27 Reg Young



#### Minister

Rev. Fa'amata'u Leota 0401 592 359  
[minister@sunburyunitingchurch.org.au](mailto:minister@sunburyunitingchurch.org.au)

The Minister's days off are:

- every Mon and Sat
- every 3<sup>rd</sup> Fri and 3<sup>rd</sup> Sun
- 5<sup>th</sup> Sun when it occurs

#### Church Council Chairperson

Dianne Moon 0404 266 296  
[dismale@bigpond.com](mailto:dismale@bigpond.com)

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#### Editor 'Keeping in Touch'

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knowing – my heart – longs to grow more and more into ‘having the same mind as Christ’.

In my stumbling journey over the last few years, I have found Christian mediation and contemplation important and currently I am practising ‘centering prayer’. To quote Cynthia Bourgalt, a highly respected Episcopalian Priest, author and retreat leader: “I know from my own experience that there is something in this prayer practice that can restore harmony, dignity and depth to our lived Christian community”.

I would like those of you who find yourselves hungering for a deeper ‘inner life’ to join with me in this practice as we learn together to walk this path. I am suggesting that we meet together for an hour, twice a month, perhaps the **2<sup>nd</sup> and 4<sup>th</sup> Fridays**, commencing at 9.30am. If you’re interested in knowing more, please feel free to chat with me – Barb Ashley.

**Warm Winter Wednesday** This group happens in the Drop-in Centre **every Wednesday** during winter from 11.30am to 2pm to serve a hot lunch to those in need. *Enquiries to Di Moon.*

**KYB (Know Your Bible)** meets at Pat Hay’s home **every Thursday** at 10am for a cuppa, chat and Bible Study, until approximately 12pm. *If you’d like to join, or just visit now and then, please speak to Pat.*

**The Drop-in Centre** is open **every Friday** from 10am to 2.30pm. Drop in for a free cuppa and chat, and browse our many good quality books – for sale from 50c to \$2. *Enquiries to Jan Semmens on 0400 404 901.*

**Men’s Group** meets **monthly** on **first Saturdays** from 10am-12pm in the Drop-in Centre over coffee and toast to relax and chat. *Enquiries to Peter Canning 0478 777 400.*

**Uniting Winter Appeal** Those in need of support this winter might be closer to home than you think - like a family at your local primary school, a local grandparent who doesn’t want to worry their children, even your friendly postie. More than half of Australians struggling to make ends meet are suffering in silence. They need warmth, not just a hot meal or woolly jumper, but the warm embrace of their community. This winter, please help *share the warmth* and provide hope to those who need it most. **Note:** I was unable to obtain envelopes from Uniting head office or the local Sunbury branch, so I have taken them out of the Crosslights and they are now on the kitchen foyer bench if you need one. If you’d like a receipt, please fill in your details on the envelope. You may also put your gift (cash is ok, or a cheque payable to ‘Uniting’) in a donation envelope and place it in the offering bag at any Service. **Thank you! ....for sharing with those in need this winter.**

### **Rosters for Sunday 4<sup>th</sup> August**

**Door:** C. Simpson, R. Simpson

**Morning Tea:** J. Hay, T. Hay

### **Readings for Sunday 4<sup>th</sup> August - Jesus: bread of life**

**2 Samuel** 11: 26 to 12: 13a

**Psalms** 51: 1-12

**Ephesians** 4: 1-16

**John** 6: 24-35



## **Recycling Corner**

**Use the recycling trolley in the foyer for the following:**

- old biros and textas
- medication blisters
- milk bottle tops
- bread bag tags – plastic only (**NO** tea bag tags, ring pulls please)
- old glasses (spectacles)
- CDs and DVDs (not plastic cases)
- all coffee/Slurpee cups, plastic straws and lids – *or take to 7-Eleven in Gap Road*
- used postage stamps – Joycelyn and Reg collect for Sammy Stamp
- toner/ink cartridges, batteries, small electrical devices
- mobile phones and chargers, to support Melbourne Zoo’s ‘Gorilla Doctors’ program in East Africa



**Use the big plastic container for:**

- 10c containers such as:



– see flyers on the recycling trolley.

**The other side of the story is to BUY recycled:**

The other side of recycling is to try to buy products made from recycled materials, in order to create a relevant market. Without a market, the recycled material has to go to landfill.

**Check out these websites:**

<https://littleecoshop.com.au>

[www.onyalife.com/products](http://www.onyalife.com/products)

[www.cleanup.org.au/buy-recycled](http://www.cleanup.org.au/buy-recycled)

